



## FITS-23 Activity Option Descriptions

### Wednesday's Option Choices (Pick 3)

**Archery (AR)** - Basic techniques for archery will be taught with lots of hands-on experience.

**Art/Tie Dye (AT)** - Create a tie-dye project to take back home with you.

**Basic Drawing (BD)** - Campers will learn some simple and basic sketching and drawing techniques.

**Creek Stomping (CS)** - What better fun than to see what all you find in the creek at Carson Springs.

**Hiking (HI)**- Participants will hike the beautiful mountain trails and enjoy God's great outdoors.

**Gun Safety (GS)** - Basics of hunter safety will be taught. Participants will get to shoot BB guns.

**Nerf Battle (NB)** Think paint-ball without the paint. Campers will need to bring their own nerf gun and ammo from home. *Be sure your name is on all your stuff!*

**9 Square In The Air (9Q)** Not familiar with 9 Square in the Air? Do a You-Tube search and learn all about it.

**Pool (PO)** – Campers will enjoy a time at the pool with adult supervision and lifeguards on duty.

**Science Lab (SL)** - Come check out the fun side of science. Learn some science experiments that will wow your friends.

**Sewing Crafts (SC)** - Campers will learn basic sewing techniques and create a keepsake to take home.

**Scatter Ball (SB)** - Think of a cross between dodge ball and freeze tag... played in the gym. Search for Scatterball on Youtube to learn all about it!

**Survival Skills (SS)** – You just never know when basic survival skills might come in handy! We can help!

**Water Games (WG)** – Like the name says, this kid's camp favorite is sure to get you wet!

**Worship With Flaps (WF)** – Do you take dance? Do you like music and performing? This is the option for you! Campers will learn a routine set to music and then perform it during a worship time.

### Thursday's Options Choices (Pick 3)

**Art/Tie Dye (AT)** – Campers will create a tie-dye project to take back home with you. Campers will also be making personalized bracelets.

**Beautiful You (BY)** - Learn how to be more beautiful on the outside AND inside. Fashion, makeup, beauty secrets, health care for our body and much for will be taught.

**Creative Arts (CA)** – Let your creativity flow as you experiment with paint and other surprises.

**Climbing Wall (CW) (6th graders only)** - Scale a 50' wall while tied off with safety ropes.

**Disc Golf (DG)** – Campers will play Carson Spring's 9-hole disc golf course.

**Duct Tape Crafts (DT)** - Just as the name suggests, campers will use the most universal product known to man to produce various craft items.

**Kitchen Creations (KC)** - What's cooking? Come see if being in the kitchen is your thing.

**Marshmallow Shooter (MS)** – Campers will be assembling a marshmallow shooting gun from pieces of PVC pipe.

**Nerf Battle (NB)** Think paint-ball without the paint. Campers will need to bring their own nerf gun and ammo from home. *Be sure your name is on all your stuff!*

**9 Square In The Air (9Q)** Not familiar with 9 Square in the Air? Do a You-Tube search and learn all about it

**Pool (PO)** – Campers will enjoy a time at the pool with adult supervision and lifeguards on duty.

**PT / Obstacle Course (PT)** – Take 8 or 10 physical obstacles and mix in some mud and water... what could be more fun than that?

**Sports & Recreation (SR)** - Another Fun-in-The-Son favorite, this is a time to blow off a little steam with some fun organized games.

**Woodworking (WW)** – Mr. Bill Woody will help you make it and then you can take it home.