

Calendar

October

Pastor Appreciation Month

19 Fall Meeting, Calvary Erwin 23 Day of Prayer for Associational Missions

November

5 Daylight Saving Time Ends 8 JCBC Angel Tree Pick-Up Begins 11 Veterans Day 12-15 TBMB Summit 20 JCBC Thanksgiving Dinner 23-24 HBA Office Closed 24 Thanksgiving

Happy Birthday, Pastors!

1 Tommy Hood 9 Mark Harrod 10 David Crutchfield **17 Shane Phillips** 27 Clay Austin **30 Rich Murray**



Thursday, October 19 5:00 PM

Calvary Baptist, Erwin

What does the association do for me?

From time to time churches ask this question. It's another way of asking, "Is the association worth our investment of time and money?" My obvious answer would be "Yes!" but I want to tell you why I affirm the value of the association. Over the last couple of years, the leaders of your association have worked to put valuable resources and opportunities in place so that no one could honestly say, "It's just not worth our time." We have also clarified our top four values to help guide future decisions:

'Multiplied Resources [']Church Vitality 'Gospel Mobilization 'Intergenerational Relationships

Our mission as an association is "Harnessing Kingdom Potential through Cooperating Churches." In other words, we want to help you get all the spiritual potential from your church. We never want to compete with the local church, or take the place of the local church. We want to help your church by using a clear strateay:

'Engage Fields 'Equip Leaders 'Expand Impact

Everything we do flows from this strategy. Here are some examples:

Block Party Trailer Student Conference Fun in the Son Kids Camp **Customized Group Training Training Events** Material Resources **Church Revitalization Support Conflict Resolution**

Mission House Mission Conference (Returning in 2024) Fellowship Opportunities Administrative Assistance Pastor/Staff Support **Mission and Ministry Partnerships Church Planting Support Disaster Relief**

But wait, there's more! New in 2024...

'Monthly Pastor's Training Fellowship 'Monthly Ministry Cohorts 'Monthly Oasis for Bivocational Pastors 'On-call Biblical Counseling Ministry

Even with all these quality resources, we need to ask the more important question, "What can we do for the association?" I don't mean the office. The real association is 91 churches who voluntarily cooperate for the sake of the Gospel. You may not "need" them (although I'd argue against that idea), but so many of them truly need you. When we understand that we're in a spiritual battle, we realize that we need the help of fellow soldiers; the more the better! Don't do ministry alone when so many people are ready to help.

With hands to the plow,

Troy

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October 2023

Reservation Deadline: Thursday, October 12

HOLSTON BAPTIST ASSOCIATION

Fall Neeting 2023

SCHOOL MINISTRY Meeting the Next Generations On Their Turf

-Psalm 71:18-



Calvary Baptist Strings Worship



Jonathan Chapman Speaker

Calvary Baptist Church 540 Adams Street, Erwin Thursday October 19 - 5 PM

Register by October 12 for \$6 BBQ Dinner



https://square.link/u/6hlaVuaY

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COMING UP AT THE JC BAPTIST CENTER

JCBC THANKSGIVING DINNER Monday, November 20 - 6 PM

We need help with side dishes & desserts, please! Please let me know if you would like to participate in this Baptist Center ministry event.

CHRISTMAS ANGEL TREE Kickoff - November 8

What a joy it is to bless the children at Christmas! All gifts need to be wrapped and returned by WEDNESDAY, DECEMBER 6.

Thank you!

We want to extend a heartfelt "Thank you!" to the churches who donated to the Christmas in August ministry this year.

As always, thank you for supporting the JCBC ministries. We couldn't do it without our HBA churches!

> Anna Huggins JCBC Director



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GENE & CAROL KENT

Speakers

Carol is a popular international public speaker best known for being dynamic, humorous, encouraging, and biblical. She is a former radio show co-host and has often been a guest on Focus on the Family.

She regularly appears on a wide variety of nationally syndicated radio and television broadcasts. Past appearances have included the Billy Graham Prime Time Special, Dateline NBC, CNN, MSNBC, Focus on the Family, LIFE Today with James Robison, Family Life Today, and 100 Huntley Street.

211 N. Main Street, Greeneville, TN 37745 (423) 639-3194 * fbcgreeneville.com

Call the church office to register for event. *Childcare provided for Friday's event.



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TO YOUR HEALTH

Diabetes Determination

Type 2 Diabetes is on the rise in America. There is still some mystery as to the cause. A diet rich in carbohydrates, too much inactivity and perhaps genetic predisposition all contribute to this debilitating condition. Yet, my doctor tells me that this disease is one that is totally within our power to control!

I hate diabetes. It has changed my life. It often puts me in awkward social situations. I dislike being labeled as a victim. It denies me so many culinary treasures that have brought me much joy in life. Mostly, it puts me at great risk of heart attack, stroke, kidney malfunction, vision loss, potential amputations and other unpleasantness. But so strong is the pull of comfort food and sweet tooths that we ignore solid medical advice and drift back to breads, donuts, potatoes, desserts and lots of delicious foods. Do not give up the fight. Talk with your doctor, a dietician and any of your medical support team. Here are some realities for those with Type 2 Diabetes:

1. Diabetes is for life. There is no cure. Permanent lifestyle changes are necessary. Choose life.

2. You cannot cheat diabetes. Sneaking your favorite food or drink will always catch up with you. Eating well three days before blood work will not hide your "sins". The A1C test measures cumulative blood sugar over a three-month buildup.

3. Diabetes medications will not compensate for poor eating. Please read this one again. No pill or injection will allow you to drive through Krispy Kreme and avoid an eventual payday.

4. Take your blood sugar daily. I do not like the stick, but we often avoid this because we know it will reveal our poor choices.

5. Fast food offers precious few healthy choices and many temptations.

6. Keep healthy snack options at home so when you get the munchies you have good choices.

7. Stay hydrated, especially if you take medications like Farxiga or Jardiance. Your kidneys continually filter out excess carbs so you need to replenish lost fluid. Water is always best!

8. You should exercise daily to the tune of thirty minutes each day on average. This burns carbs, strengthens the heart & muscles and improves confidence.

9. A common rule of thumb is if it is white, if it is sweet or if it tastes good do not eat it! Yikes. This is not always true, but it usually is.

10. Whole grain bread is better than white bread, but not better enough to eat more than a very small serving.

11. Fruit is a dangerous option. Natural sugar is better than processed sugar, but they are all still carbohydrates. Eat fruit sparingly.

12. Diet foods often still contain high levels of carbs. This is especially true of sugar free candy.

13. When you mess up (and we all do!) do not return to a rut of bad eating, but get back on your horse after falling off and ride on.

14. On a positive note, savor each meal, each bite. Enjoy the foods that are healthy for you. Occasionally you must eat something that is not normally a good choice, but make sure it is very occasional and not daily. I have accepted the spirit of fasting in how I eat and this is of great spiritual benefit. We can do this!

Greg Burton

Colonial Heights Baptist Church



Though he is no stranger to many in HBA, John David Shelton is new to the role of Pastor at New Victory Baptist Church. John David and his lovely wife, Sunnie, have been married for 11 years and have two beautiful children, Levee and Shealynn. John David grew up at New Victory Baptist Church and graduated from David Crockett High School in 2008. He has served as an EMT with Washington County/ Johnson City EMS and is employed with currently Eastman in Kingsport. He received Christ as his Savior at NVBC in May 2010, accepted the call to preach in 2018 and has since served in different capacities in local churches. We are excited to see how the Lord is going to use John David as he serves as Pastor at New Victory!

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October is Pastor Appreciation Month Pastors, We Love & Appreciate You!





PLEASE PRAY FOR OUR CHURCHES WITHOUT PASTORS

Friendship Chapel * Muddy Creek * New Life Ninth Street * Oak Hill * Timberlake * Woodlawn

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STAFF OPENINGS FULLTIME PASTOR Woodlawn, Bristol

Southern Baptist Background SBC Seminary Degree 4-5 years' experience Licensed and ordained

Please send resume to: **Pastor Search Committee** Woodlawn Baptist Church, 1400 Southside Avenue, Bristol, TN 37620 Email: woodlawnpastorsearch@ gmail.com

PAID MUSIC LEADER

Oak Hill, Fall Branch

Seeking a musically talented person(s) to lead/assist in Sunday worship music programs. Pignist and/or organist or congregational song leading are qualities that are needed.

Send resumes to OHBC, 2501 Highway 81 N, Jonesborough, TN 37659 or call 423-797-1588.

WORSHIP PASTOR

Central, Johnson City

Seeking: **Experienced Church** Music Leader **Traditional & Contemporary** Services

For more information contact: kborger@cbcjc.org or cbcjc.org

PART TIME PASTORAL CARE PASTOR

South Bristol Church

Submit resumes to Dave Malcolm David.malcolm@cmda.ora

NEWS FROM KING SPRINGS BAPTIST

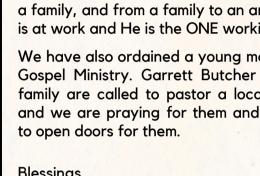
For the last 15 months we have seen God take King Springs Baptist Church from a place of prayer and rest to a place of heavy work and harvest.

We have seen the promises of God established and fulfilled. The Gospel is being preached and proclaimed, people are responding, souls are being saved and God is being Glorified and Magnified.

We have gone from a handful of people to a family, and from a family to an army. God is at work and He is the ONE working.

We have also ordained a young man to the Gospel Ministry. Garrett Butcher and His family are called to pastor a local church and we are praying for them and for God

Blessings. Pastor Luka Temaj







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